



Starting your **RINVOQ[®]** (upadacitinib) **treatment journey**



A guide to your new **atopic
dermatitis** (AD) treatment

For more information and useful
resources, visit **rinvoq.com.au** and
enter the access code **ASPIRE**



Why RINVOQ and why now?



It can be challenging and overwhelming to live with a chronic (long-term) condition like AD.

AD, also called eczema, is a term used to describe an inflammatory skin condition. It can affect both adolescents and adults, impacting overall wellbeing and quality of life.

Before now, you may have received other medicines for your AD. However, you may not have responded adequately to them. Therefore, your doctor has decided to prescribe RINVOQ for your condition.

This booklet contains additional information about your RINVOQ treatment and aims to answer some of the questions you may have.

*For more information and useful resources, visit **rinvoq.com.au** and enter the access code **ASPIRE***

This booklet is supplementary to the Consumer Medicine Information (CMI). Always refer to the CMI before starting RINVOQ treatment. You can find this by scanning the QR code at the back of this booklet or online at rinvoq.com.au

Speak to your healthcare professional if you have any questions about your treatment.



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For patients of all ages

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For adolescents (aged 12 to 17 years)

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What is RINVOQ?

RINVOQ is a **once-daily tablet** used to treat adolescents and adults with moderate to severe **AD**, also commonly referred to as eczema.

RINVOQ is available in:



15 mg
modified-release tablets



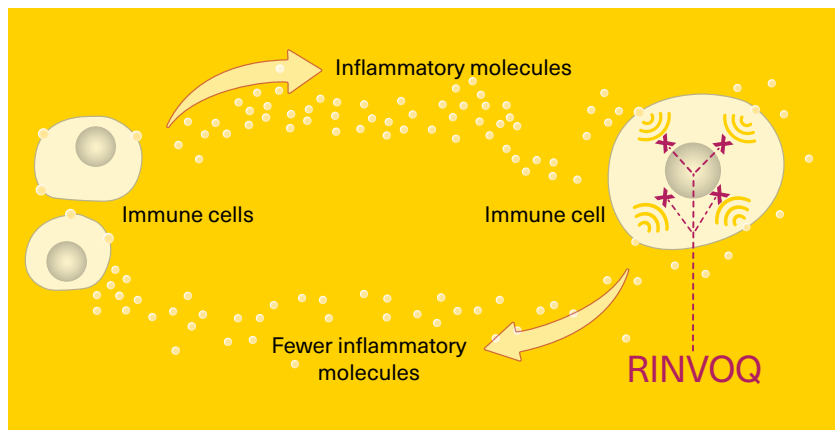
30 mg*
modified-release tablets

*Adults only.

Remember, your healthcare team are here to help. This could be your doctor, pharmacist, nurse or specialist. You can also get support from your family or friends if you're feeling like you need somebody to talk to.

How does RINVOQ work?

RINVOQ contains the active ingredient **upadacitinib**. It belongs to a group of medicines called **Janus kinase (JAK) inhibitors**. RINVOQ works by reducing the activity of an enzyme called 'Janus kinase' in the body. In doing so, RINVOQ helps to reduce inflammation.



How can RINVOQ help me?

By reducing the activity of Janus kinase, RINVOQ can help to improve:

The condition of your skin and reduce:

- Itching
- Flares



Symptoms associated with AD, including:

- Pain
- Anxiety
- Depression



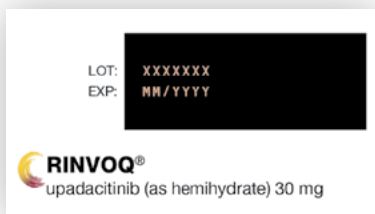
RINVOQ can also help improve your sleep disturbance and overall quality of life.

Inflammatory conditions are chronic conditions, so to help control your symptoms, you should take RINVOQ exactly as prescribed by your doctor.

Important reminders

Do not take RINVOQ:

- ❌ If you are taking a biological medicine or another medicine used to strongly suppress your immune system, including azathioprine, ciclosporin and tacrolimus.
- ❌ If you are allergic to upadacitinib or any of the ingredients in RINVOQ as listed on the last page of the Consumer Medicine Information.
- ❌ After the expiry date printed on the pack, or if the packaging is torn or shows signs of tampering.



If you have not told your doctor about any of the above, tell them before you start taking RINVOQ



Before taking RINVOQ

Speak to your doctor if you:

Have allergies to any other medicines, foods, preservatives or dyes.

Take any medicines for any other conditions.

Have or have had an infection that keeps coming back.

Have diabetes or are 65 years of age or older.

Have or have had tuberculosis (TB), have been in close contact with someone with TB, have lived or travelled overseas where TB is a problem.

Have or have had a chicken pox/shingles infection.

Have or have had hepatitis B, are a carrier of the hepatitis B virus, or think you may be at risk of contracting hepatitis B or hepatitis C.

Recently had or plan to have a vaccination (immunisation).

Have or have had cancer, including skin cancer and lymphomas (cancer of the lymph glands).

Review the Consumer Medicine Information (CMI) for a full list of things to watch out for before starting your RINVOQ treatment. You can access the CMI by scanning the QR code on the back of this booklet or at **rinvoq.com.au** by entering the access code **ASPIRE**.

Because:

Your doctor will discuss with you if RINVOQ treatment is appropriate for you.

Some medicines may interfere with RINVOQ and affect how it works. See the 'RINVOQ and other medicines' section for details.

RINVOQ can reduce your body's ability to fight infections. It may make an infection that you already have worse or make it more likely for you to get a new infection.

This may increase the risk of getting infections while on RINVOQ. Patients 65 years of age and older may also have an increased risk of heart problems, including heart attack, stroke and some types of cancer.

You may need tests to check for TB before you start taking RINVOQ.

RINVOQ may allow it to come back. Tell your doctor if you get a painful skin rash with blisters during RINVOQ treatment, as these can be signs of shingles.

Your doctor will factor this into their monitoring process.

Some vaccines, such as live vaccines, should not be given while you are taking RINVOQ. Check with your doctor before you receive any immunisations.

Your doctor will factor this into their monitoring process.

If you are at high risk of developing skin cancer, your doctor may recommend preventative measures or monitoring, such as regular skin examinations while taking RINVOQ.

Before taking RINVOQ (cont.)

Speak to your doctor if you:

Have or have had blood clots or have an increased risk of developing blood clots (e.g. recent major surgery, use hormonal contraceptives / hormonal replacement therapy, or a family history of blood clotting disorder).

Are a current or past long-time smoker.

Have or have had altered blood cell counts, liver, kidney or heart problems, high blood pressure or high cholesterol.

Have unexplained stomach pain, have or have had diverticulitis or ulcers in your stomach or intestines, or are taking non-steroidal anti-inflammatory medicines.

Plan to become pregnant or are pregnant, or if you are breastfeeding or planning to breastfeed.

***If you have any questions or concerns,
speak to your doctor.***

Because:

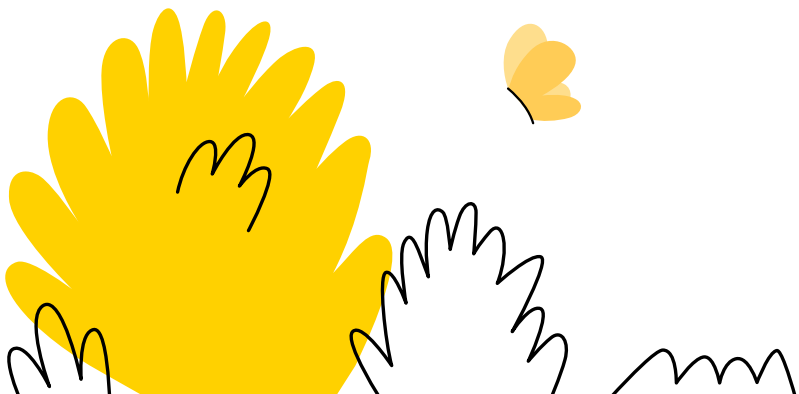
Your doctor will factor in your risk of blood clots when deciding if you can take RINVOQ.

Your doctor will discuss with you if RINVOQ treatment is appropriate for you.

You may need blood tests before you start taking and/or while taking RINVOQ. Your doctor will factor this into their monitoring process.

Your doctor will factor this into their monitoring process.

RINVOQ should not be taken during pregnancy or while breastfeeding.



RINVOQ and other medicines

Some medicines may interfere with RINVOQ and affect how well it works.

You should not take RINVOQ if you are taking a biological medicine or other medicines that lower your immune system.



Some medicines that can affect the way RINVOQ works:

- Medicines to treat or prevent fungal infections
- Antibiotics to treat tuberculosis and other bacterial infections
- Medicines used to treat neurological disorders



Some medicines can increase the risk of infection when taken with RINVOQ:

- Other JAK inhibitors
- Biological medicines
- Medicines used to suppress the immune system



Some medicines that may increase your risk of gastrointestinal perforation:

- A non-steroidal anti-inflammatory medicine
- Opioids
- Corticosteroids

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect RINVOQ. Do not stop taking your medicines or change the dose without checking with your doctor.

Tell your doctor, nurse or pharmacist if you are taking any other medicines, including any vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.



Taking RINVOQ for AD

Understanding your treatment plan

RINVOQ is a tablet taken once daily and comes in 15 mg and 30 mg dose strengths. Your doctor has prescribed the dose that is most appropriate to treat your AD symptoms.

Always take RINVOQ exactly as prescribed by your doctor. Your doctor may increase or decrease your dose depending on how you respond.

- If you are 65 years of age or older, the recommended dose is 15 mg a day.
- If you are an adolescent 12 years of age or older, the recommended dose is 15 mg a day.

Check with your doctor or pharmacist if you are unsure.



How to take RINVOQ

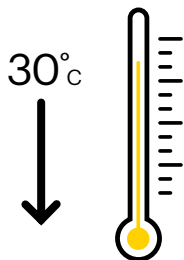
For the treatment of AD, take RINVOQ as follows:

 <p>Take one tablet every day with a full glass of water (or as directed by your doctor)</p>	 <p>As a whole tablet – do not split, crush or chew it</p>
 <p>At the same time each day – with or without food</p>	 <p>For as long as your doctor has told you to – continue taking it even if you feel better</p>
<p>Avoid food or drink containing grapefruit during treatment with RINVOQ as these may interact and increase the risk of side effects.</p>	

*Remind any doctor, pharmacist or dentist you visit
that you are taking RINVOQ.*

Looking after RINVOQ

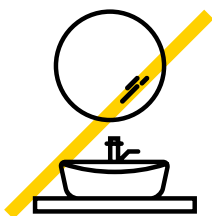
How to correctly store RINVOQ:



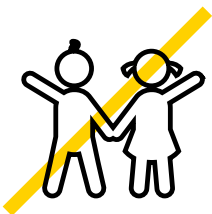
In a cool, dry place below 30°C (RINVOQ does not need to be refrigerated).

Keep your tablets in the original blister pack to protect them from moisture. Please talk to your pharmacist if RINVOQ is exposed to a temperature above 30°C.

Remember to consider the temperature when transporting your RINVOQ medication as well – don't leave your RINVOQ medication in a hot car.



Do not store RINVOQ in the bathroom, near a sink, on a windowsill or in the car. This is because these areas are not generally cool or dry and not below 30°C.



Keep RINVOQ where young children cannot reach it – a locked cupboard at least 1.5 metres off the ground is a good place to store medicines.

Remember, do not take RINVOQ if the expiry date has passed. If you need to throw your medicine away, do not throw it out in the household waste, ask your pharmacist how to correctly dispose of it.

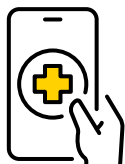
Possible side effects to look out for

Like all medicines, RINVOQ may cause side effects. However, everyone is different. Some people may experience side effects and others may not. If you do experience any side effects, most are minor and temporary. However, some side effects may need medical attention. Make sure to tell your doctor, nurse or pharmacist as soon as possible if you start to feel unwell while taking RINVOQ.



Speak to your doctor if you have any of these **less serious side effects and they are worrying you**

- Sore or scratchy throat
- Blocked or runny nose
- Flu
- Feeling sick or pain in the tummy
- Weight gain
- Headache or fever
- Feeling unusually tired or weak
- Anaemia
- A spinning sensation (vertigo)
- Acne, cold sores, rash/hives, redness and swelling of the hair follicles



Call your doctor straight away if you notice any of these **serious side effects**

RINVOQ can reduce your body's ability to fight infection, which may mean you might be more susceptible to infection or an infection that you already have may worsen. In some cases, an infection can be life-threatening. **Tell your doctor as soon as possible** if you notice any of the following:

Signs of a serious infection

- Fever, sweating or chills
- Feeling short of breath
- Cough
- Feeling tired or lacking energy
- Muscle aches
- Diarrhoea
- Tummy pain
- Weight loss
- Burning when passing urine or passing urine more often

Signs of a blood disorder

- Swelling in the glands of your neck, armpits or groin

Skin

- Painful skin rash with blisters
- New or changes to any skin spots, sores or lesions
- Cluster of warm, red or painful skin sores or blisters on the body

Signs of gastrointestinal (GI) perforation (hole in the stomach)

- Sudden onset of stomach pain
- Fever or chills
- Nausea or vomiting

Possible side effects to look out for (cont.)



Go straight to the Emergency Department at your nearest hospital if you have any signs of these **very serious side effects**

Signs of an allergic reaction

- Difficulty breathing or swallowing
- Swelling of face, lips, tongue or throat
- Severe itching of skin, with a red rash or raised bumps
- Chest tightness, wheezing
- Severe dizziness or light-headedness

Signs of tuberculosis

- Fever, night sweats
- Chills
- Difficulty breathing
- A bad cough that won't go away
- Blood in your phlegm
- Weight loss

Signs of the effect of a blood clot

- Pain or tenderness in the leg
- Swelling, redness or discolouration in the leg or arm
- Chest pain or pain in the upper back
- Sudden shortness of breath or difficulty breathing

Signs of pneumonia

- Fever, chills
- Cough, sometimes with phlegm
- Feeling tired or lacking energy
- Shortness of breath
- Chest pain

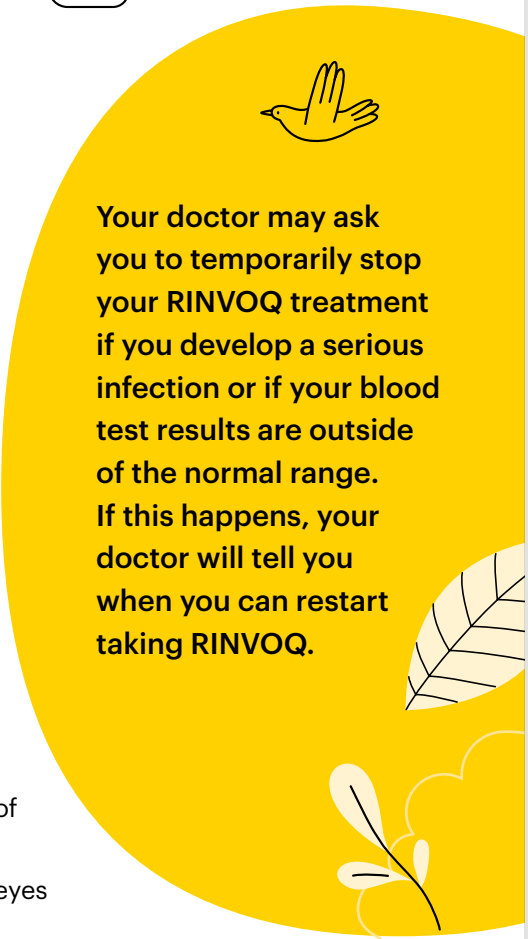
Signs of a heart attack

- Chest pain or discomfort
- Light-headedness, nausea, or vomiting
- Pain in the jaw, neck or back
- Pain or discomfort in the arm or shoulder
- Shortness of breath

Signs of a stroke

- Trouble speaking or difficulty understanding speech
- Sudden numbness, weakness or paralysis in the face, arm or leg of one side of the body
- Problems seeing in one or both eyes
- Headache
- Trouble walking

For more details on possible side effects, review the Consumer Medicine Information by scanning the QR code on the back of this booklet, at **rinvoq.com.au** by entering the access code **ASPIRE**, or from your pharmacist.



Your doctor may ask you to temporarily stop your RINVOQ treatment if you develop a serious infection or if your blood test results are outside of the normal range. If this happens, your doctor will tell you when you can restart taking RINVOQ.

Tips on including RINVOQ in your daily routine



Pick the right time for you

To help you take RINVOQ at the same time every day, link it to one of your daily activities, such as brushing your teeth.

You don't need to plan your medication around your mealtime – RINVOQ can be taken with or without food. Refer to Page 16 'How to take RINVOQ' for more information.



Create a self-care ritual

Add taking RINVOQ to the time you dedicate to looking after yourself, such as after meditation or a 10-minute stretching session.

It's important to remember to take your prescribed RINVOQ treatment daily to manage your AD, even if you are feeling well.



Set a reminder

Set up a daily reminder on your phone or on a calendar somewhere visible to help you remember to take RINVOQ every day.

You could always ask a family member to remind you too – having more than one reminder can be helpful.



Stay motivated

Don't lose sight of why you are taking RINVOQ – stick to a routine and form good habits to help you get the most out of your treatment.

Visit rinvoq.com.au using the access code **ASPIRE for medication management tips to assist you with setting important reminders for your RINVOQ treatment.**

What is atopic dermatitis?

You've probably heard the term 'atopic dermatitis' or AD being thrown around by your doctors, nurses and parents, or maybe you have googled it! **But what does it actually mean?**



Did you know
AD affects about

16%

of Australians?

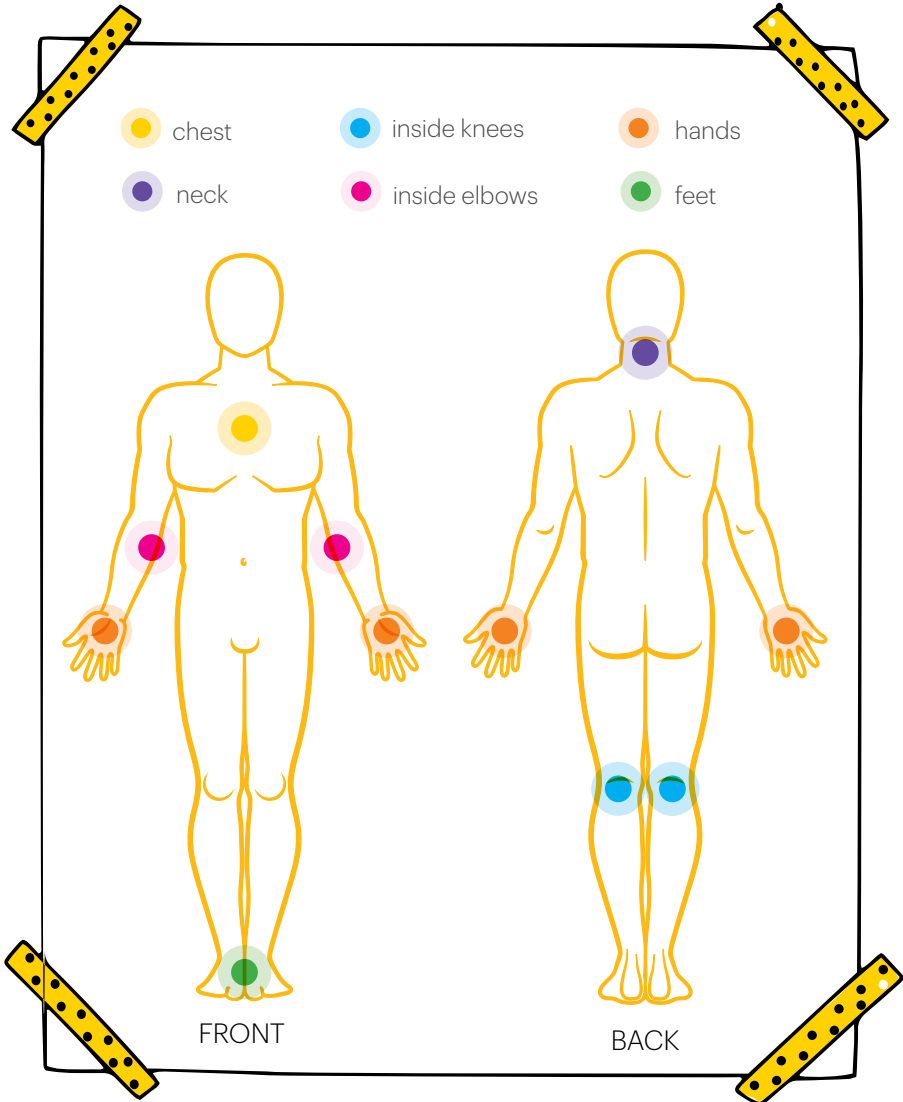
AD is a common form of eczema, which includes a broad group of skin conditions. It causes your skin to become red, scaly, dry and itchy. AD can be very painful, especially if it becomes infected.

Your AD may have started when you were a baby or child, but it can begin at any age. While some children 'grow' out of it, some people continue to be affected by the condition their whole lives.

Itching and pain are just the obvious symptoms of AD. It can also impact your life in different ways. For some people, AD affects their sleep and their ability to study. Others may feel embarrassed, which may make them feel uncomfortable about socialising or close personal relationships. It's also common for people living with AD to feel anxious or experience a low mood because of AD.

For your overall health and wellbeing, it's important to talk to someone and ask for help if AD is affecting your day-to-day life.

Body areas that could be affected by AD



Adapted from National Center for Biotechnology Information and MAYO Clinic.

Why me?

The first and most important thing for you to remember is that it's not your fault you have AD. To be honest, no one is 100% sure exactly what causes AD. What we do know is that often AD is linked to a gene mutation. People who carry this gene mutation are more likely to develop AD. Some people have AD even though they don't carry the gene mutation. And others carry the gene mutation and don't get AD. Scientists are continuing to research AD, and we will hopefully have more answers in the future.



Why is my skin like this?

Your skin is designed to provide a protective barrier between your body and the outside world. It helps your body retain moisture and protects you from bacteria, irritants and allergens in your environment. AD interferes with this barrier, so your skin can become very dry and easily damaged. It overreacts to irritants and can easily get infected by bacteria.



Handle with flare




Sometimes you may go for days, weeks or even months feeling perfectly healthy, and then, all of a sudden, BAM! Your AD symptoms come back with a vengeance. As with many other chronic illnesses, your AD can flare up from time to time. Unfortunately, flare-ups are a normal part of living with AD.

Different factors can trigger flare-ups in your AD symptoms. These can vary from person to person and change from season to season. Although some symptoms may go away at certain times of the year, your AD may still be active. You may find that your symptoms flare up when you're exposed to certain triggers:

Common AD triggers

- **Irritants**, such as soaps and detergents, including shampoo, washing-up liquid and bubble bath
- **Allergens and environmental factors** can be a trigger, too, like pollen and moulds, house dust mites, pet fur, dampness, or cold and dry weather
- **Food allergies*** to substances such as cow's milk, eggs, peanuts, soy and wheat
- **Fabrics** and certain materials worn next to the skin, such as wool and synthetics
- **Hormonal changes** – in the days before their period, some girls find that their symptoms get worse

*Please note, it is important that you speak with your doctor before making any changes to your diet with respect to your condition.



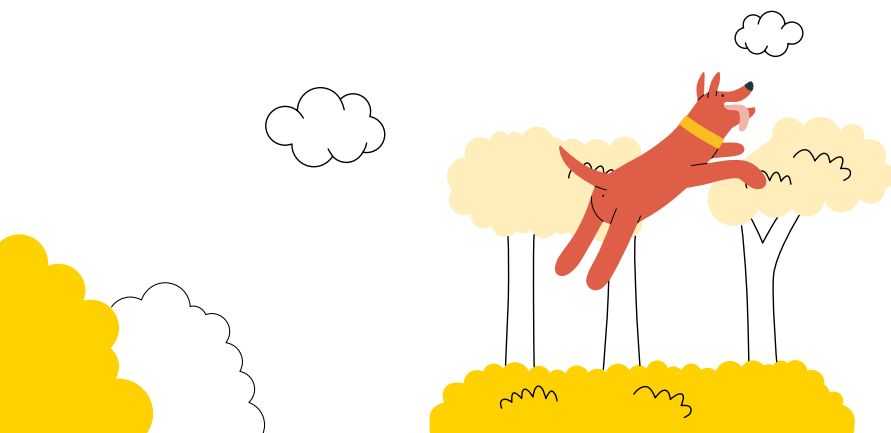


Tracking your flares

Tracking your medication, symptoms, and overall wellbeing may help identify potential triggers for your flares. Identify any patterns when you feel a flare coming on. For example, do you have increased stress levels (such as around exam time) before a flare? You can also share this information with your doctor, who can help you identify potential triggers based on their clinical experience, with the aim of helping to manage or prevent future flares.

Reducing flares

It's important to remind yourself that while some symptoms may be especially difficult to manage, they may also be temporary. If you take your medication properly and follow your doctor's instructions, you may experience a reduction in how often you have flares.



7 tips for exercising with AD

Exercise is important for your physical and emotional health. Don't let AD stand in your way. Walk, run, dance, hula-hoop, skate, swim... whatever your thing is, as long as it gets you moving.



Drink plenty of **water** before, during and after exercising



Moisturise before exercising — use a light cream and give it time to sink in



Choose loose-fitting, **breathable** clothing rather than tight-fitting gear



4



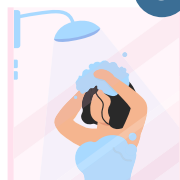
Try and **stay cool** — take regular breaks to rehydrate and cool down

5



Have a **cold pack** ready to pop on any area that's starting to flare

6



After your workout, **wash off** any sweat with a warm (not hot) shower and gradually turn the temperature down to cool

7



Moisturise again after exercising

The best kind of exercise is something you enjoy doing, but if it's causing your AD to flare up, maybe try something new.

A problem shared could be a problem halved

It might feel like no one else understands what it's like to have AD. It's completely up to you who you share your private health info with. But sometimes confiding in a close friend – or even a new one – can help you feel better about things.

Talking to family and friends

It may seem like the easy option to tell friends and family 'I'm fine' even when you're not. Being honest and open with your family and friends about your AD could help you get the support you may need.

Family and friends are all good sources of practical, everyday support and even advice if you need someone to bounce a situation or challenge off.

For example, friends can offer an emotional outlet where you can voice your feelings and gain a new perspective on issues that are getting to you.

Your doctor is also an excellent source of support and advice and can recommend other health professionals who may be able to offer the type of support you are looking for.



It's your AD. OWN IT.



AD is a chronic condition. What this means is that you could have it throughout your life. You can still do the amazing things that you want to do.

AD doesn't own you.

At some point on your journey so far, you may have felt like sticking your head in the sand and pretending that you don't have AD. You're not the only one who has felt that way. However, learning as much as you can about your AD and treatment can actually help you feel more in control to take ownership of your body and your future.



Keeping track of how often you experience AD flares can help you and your doctor identify any patterns or triggers.



It's also important to make sure you're taking your medicine at the right time as prescribed by your doctor.



Adulting 101

Good habits to get into

Boring though it may seem, getting good results from your AD treatments means following some regular routines. Applying moisturisers is one you may have already mastered.

Now that you're taking RINVOQ, you need to decide what time of day to take it and stick to your plan. Even when you're feeling better, don't stop unless your doctor says it's OK.

Choose the best time to take your RINVOQ once-daily tablet



When you **brush your teeth**



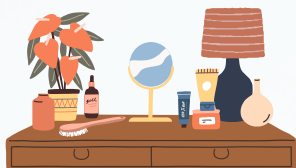
At **bedtime**, when you switch off your phone



When you **get home** from school or work



Ask a family member to remind you in case you forget



Put your medicine somewhere you can't miss seeing it, but out of reach of little fingers!

Easy tips for keeping on top of your RINVOQ



Sign up for pharmacy text alerts

Next time you swing by the pharmacy, ask if they can send you text alerts. It's a great way to stay on top of your refills and make sure you're never running low.



Get appointment texts from your doctor's office

Ask the receptionist at your doctor's office if they can shoot you a text reminder before your appointments. It's an easy way to keep track and never miss an appointment.



Set up reminders on your phone

Use your phone's calendar or alarm to remind you when it's time to take your RINVOQ. It's super handy, especially when you've got a lot going on.

*Need more tips on sticking to your RINVOQ routine? Just swing by **rinvoq.com.au** and enter the passcode **ASPIRE** to get started!*

FAQs

Here are answers to some frequently asked questions about treatment with RINVOQ:

What if I miss a dose?

- If you miss a dose and it is less than 10 hours before your next dose, skip the dose you missed and take your next dose when you are supposed to.
- Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.
- Do not take a double dose to make up for the dose that you missed.

What if I forget my dose for the entire day?

If you forget your dose for an entire day, just skip the missed dose and take only a single dose as usual the following day.

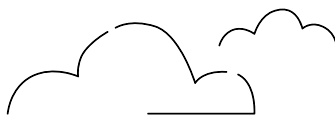
What if I take too much?

Do not take a double dose to make up for the forgotten tablet.

Immediately contact your doctor or the **Poisons Information Centre (13 11 26)** for advice or go to the Emergency Department at the nearest hospital, even if you are not experiencing any signs of discomfort or poisoning. You may need urgent medical attention.

Can I miss a dose if my symptoms have improved?

No. Do not stop taking RINVOQ unless your doctor has told you to. If you feel you need to stop taking your medicine or are unsure what to do, contact your doctor, nurse, or pharmacist as soon as possible.



How is RINVOQ different from other medications I am taking?

RINVOQ is part of your overall treatment plan agreed upon by you and your doctor. It helps to reduce the underlying inflammation caused by your condition. You may be taking it along with other medications or topical regimens specified by your doctor - for example, steroid creams or moisturising agents - or it may have replaced another treatment regimen which you used to follow. Often, these different medications work in different ways. Talk to your doctor or pharmacist if you have any questions about your medications.

Can I take other medications while I am taking RINVOQ?

Your doctor may advise you to take RINVOQ in addition to other medications.

However, it is important to note that some medicines should not be taken together with RINVOQ, and some medicines and RINVOQ may interfere with each other. So, make sure you tell your doctor or pharmacist if you are taking any other or any new medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

Ask your doctor or pharmacist for information on medicines to be careful with or avoid while taking RINVOQ and read the RINVOQ Consumer Medicine Information for more details.

Can I crush my RINVOQ tablet?

No. Do not split, crush or chew the tablets. Swallow them whole with a full glass of water.

What temperature does RINVOQ need to be stored at?

Keep your tablets in a cool, dry place that is below 30°C. Remember to consider temperature when transporting your RINVOQ medication as well.

FAQs (cont.)

What do I do if I need to get vaccinated?

Some vaccines should not be given while you are taking RINVOQ. Check with your doctor before you receive any immunisations (such as the herpes zoster vaccination). Live, attenuated vaccines should not be given during RINVOQ treatment or just before starting RINVOQ treatment.

What do I need to know about travelling whilst on RINVOQ treatment?

If you are thinking of travelling overseas or somewhere that will require vaccinations, speak to your doctor. Some vaccines such as live vaccines cannot be given while you are taking RINVOQ.

Also, consider visiting the smartraveller.gov.au website and contacting your airline before travelling to ensure you follow any specific requirements.

What should I do if I need to have surgery (including dental)?

You must tell any other doctors, surgeons, dentists and pharmacists who treat you that you are taking RINVOQ prior to any treatment.

Will RINVOQ affect my ability to drive or use a machine?

A spinning sensation (vertigo) has been reported in some patients taking RINVOQ. Do not drive or use machines if you experience vertigo while taking RINVOQ until it resolves.

But I still have questions...

If you still have questions about your treatment after reading this booklet, speak to your healthcare professional who is best placed to answer them, refer to the RINVOQ Consumer Medicine Information, or visit rinvoq.com.au (access code: **ASPIRE**).

rinvoq.com.au

to learn more about your RINVOQ treatment

Visit **rinvoq.com.au** for practical tips and information about your RINVOQ treatment, including:



Frequently asked questions about RINVOQ



Tips for health and wellbeing, tailored to support people with inflammatory conditions



Medication management tips to assist you with setting important reminders for your RINVOQ treatment



Downloadable resources to support you on your treatment journey with RINVOQ

To find out more, visit **rinvoq.com.au** and enter the access code **ASPIRE**

This website provides general information for people who have been prescribed RINVOQ. It is not a substitute for advice given by a healthcare professional. Always talk to your doctor or pharmacist if you have concerns or questions about taking RINVOQ.



Who to call if you need help

If you have any questions or concerns about your RINVOQ treatment, phone your doctor or nurse for advice.

If you cannot get in touch with your doctor or nurse, and the query is not regarding medical advice, call **AbbVie Medical Information** on **1800 252 224 (9:00 am–5:00 pm AEST Mon–Fri)**. You can also email us at **medinfoanz@abbvie.com**.



Other resources

The following external organisations provide resources and information for people living with AD:



eczema.org.au
1300 300 182

The Eczema Association of Australasia Inc is a national non-profit charity organisation who support, advocate for and educate eczema sufferers and the wider community about eczema and its impact.



Eczema Support
AUSTRALIA

eczemasupport.org.au

Eczema Support Australia understands the challenges of dealing with chronic eczema (atopic dermatitis). Our vision is for all Australians living with eczema to overcome difficulties and thrive in their community through connection, advocacy and information.



Allergy & Anaphylaxis
Australia

allergyfacts.org.au
1300 728 000

Allergy & Anaphylaxis Australia ("A&AA") is a registered charity and Australia's only national support organisation, dedicated to helping individuals and carers alike in managing allergy and the risk of anaphylaxis.

Links to external websites are offered for your convenience. References to any products, services or other information by trademark or otherwise are not intended to imply endorsement by AbbVie Pty Ltd. Any healthcare information provided within these sources should be discussed with your healthcare professional and does not replace their advice.

You can access a copy of the Consumer Medicine Information by scanning the QR code.



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Reference: 1. Chidwick K *et al.* *Australas J Dermatol* 2020;61(3):e319–327.

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